Dear Parents and Carers,

This year Penrith South Public School is presenting evening programs delivered by Interrelate. This is a wonderful program where parents are encouraged to attend with their children.

Interrelate’s relationship education program take the difficulty in answering questions relating to sexuality education. Interrelate programs are interactive, family focused and presented in the context of caring relationships. Fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program.

There will be 2 sessions delivered. You may choose to attend one program or both.

Sessions 1: “Where Did I Come From?”
1 hour – for Years 3, 4, 5 & 6
In this session children learn more about how their bodies work and the differences between males and females. This session extends their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: “Preparing for Puberty”
1 hour – for Years 5 & 6
This session helps to prepare children and parents/carers for the physical, social and emotional changes associated with puberty. Changing emotions and relationships with families and peers are addressed. Information is also presented in menstruation and wet dreams.

Date: Wednesday, 4 March 2015
Venue: School Library
Time: 6.00pm – Session 1: Where Did I Come From?
7.15pm – Session 2: Preparing for Puberty
Cost: $20.00 per family for 1 session
$25.00 per family for both sessions

Should you wish to attend, could you please complete the note below and return to the PIP with the exact payment by Friday 27 February. Unfortunately we will not be able to accept payments through the website for this program as the school will not be managing it.

Kind regards,

Kerrie Davis
Principal

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INTERRELATE PROGRAM

Oldest Student’s Name: ___________________________________________  Class: ________________
Family Name: ___________________________________________________________________________
Number of people attending: ________________

I will be attending the following (please tick the sessions):
☒ Session 1 – “Where Did I Come From”
☒ Session 2 – “Preparing for Puberty”

Payment enclosed: $________________________